

Fast Feet Timing presents:



'The 2nd Annual Athens Area Summer XC Series'

Race #2 on 6/28-- 3K Held at North Oconee Community Course

This course is on shaded wood chip trails, 2 long moderate hills an open stretch around a pond starting/finishing on the Football practice field behind the school. Entry fees collected go the the Host Schools' Cross Country Programs. Entry fees are minimal as listed below:

Student Athletes- \$4 Adults- \$6

- 1) Registration Begins at 5:45pm and ends at 6:50pm
- 2) Bib #'s will be Assigned to each Runner
- 3) Split Clocks will be deployed at the 1 Mile Mark
- 4) Water will be provided and Music will Fill the Air
- 5) Timing will be by Fast Feet Timing Services
- 6) Performances by HS/MS/Collegiate athletes Will be Captured
- 7) Top 3 Males and Females Win \$15 Gift Certificates to RoadID.com
- 8) No team scoring, this is an "Open Race."
- 9) Runners earn points for each race culminating in a "series champion"

Additional Notes

Coaches- Please e-mail us with a list of runners you expect to be participating to expediate Race set-up (this will make things go much smoother on Race Day) so we can pre-assign bib #'s. If you are "Hosting" a meet we expect a large number of your runners and Coaches, Parents, Boosters are welcome to participate. runninggodz@yahoo.com

Individual Student-Athletes- Please e-mail us with your intention to participate as we will have a series of bib #'s just for Individuals. runninggodz@yahoo.com

Adults and Pre-Middle School- Your registration will be Race Day but e-mailing your Intention to compete will be appreciated. runninggodz@yahoo.com

Waiver: I waive any and all claims for myself and my heirs against North Oconee HS / Fast Feet Timing and those affiliated with the organizers, officials, sponsors, and volunteers for damages, liabilities, injuries, or illnesses I may receive from my participation in the Athens Summer Series races. I further state that I am in proper physical condition to undertake said event.

Signature: _____ Date _____ Age _____ Gender _____

(parent/guardian if under 18) PRINT NAME _____